

Preparation Breeds Promotion

Hello, my name is **Joshua Mba** and I am sure you know me already. In the next few days, you will be experiencing me more in a special way and I am very sure that you will be reconstructing yourself to a better version.

Did I just say **RECONSTRUCT?**

Yes! The theme for this Bootcamp this year is **RECONSTRUCTING THE “ME”**. Excited?

This Book is your handbook for the Bootcamp and I want you to keep it very close throughout the bootcamp.

Now, I want you to make a promise to me right now. I want you to read out loud the words in italics below. **READ IT OUT LOUD** 😊.

I Promise to take action with everything I will learn that will help me reconstruct my life to a better me during this bootcamp. I promise not to relent at all, but to push until I see a complete result in my life. I promise to be sincere with myself and open to receive help where I need.

Great! Let's go 🚀🚀🚀🚀

The first sentence in this Handbook says: **“Preparation Breeds Promotion”**. I will be telling why during the first session.

Here is a complete list of things you must get ready for this bootcamp. Even if you're watching the playback later, make sure you get all these things ready.

Your Tools for reconstruction

1. A good internet connection
2. A Laptop or Phone to stream the LIVE session. (I would prefer a Laptop though, so you can see my face well).
3. A zoom app installed on your device. (You can go to <https://zoom.us> to install the application on your device)
4. A dedicated Notepad to write during the Bootcamp (I will demand for your note, so you must write)
5. Your full attention, so stay in a quiet place during the Bootcamp
6. A headset (This is to make sure you're logged off from external noise and also to help you hear me very well).

PS: I will be sending you a template booklet once the boot camp starts.

This handbook can be printed after each session and I will require you to keep a copy of it online for our next year session.

Oh! I will help you keep track of progress and somehow I think this bootcamp will take more than 2 days, let get started first.

FAQ

Q: Would I get the recorded version of the bootcamp?

A: Yes, you get access to the recorded version throughout the year.

The timeline for the Bootcamp

Day 1: 3 Hours session 8PM - 10PM

First session: 1 hour

Live Task 1: 30minutes

First session: 1 hour

Day 2: 3 Hours session: 8PM - 10PM

First session: 1 hour

Live Task 1: 30minutes

First session: 1 hour

With lots of tasks and assignments to do for yourself in between, get ready to commit actively these two days.

One last Favour, just be open and be sincere and I assure you unimaginable results.

See you in class!